

VOLUNTEERING FROM ANYWHERE!

An inspiration guide for remote digital volunteers











ABOUT THE BOOKLET



This booklet is dedicated to people who would like to volunteer from home, who have digital skills and would like to put them to work for organisation in need of digital remote volunteering services.



The booklet contains ideas for online volunteer activities that can be done individually or within an organisation.



ABOUT THE BOOKLET



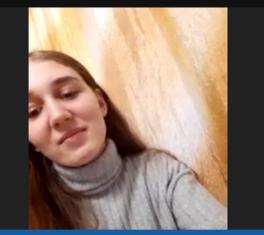
Through the project "ProVol Digital – Professional volunteer management and training through digitalisation" we are offering this Booklet for volunteers to inspire and empower volunteers to welcome online or remote volunteering experiences in their life.



"ProVol Digital" is an European project implemented by the following organisations:
Gemeinsam leben und lernen in Europa – Germany, EB projektmanagement – Austria, Dobrovolnické Centrum, z.s., Ústi Nad Labem – Czech
Republic, Centrul de Voluntariat Cluj-Napoca – Romania.



Sauca Elena Patricia





...have the time, motivation and desire...

Do you feel you have the time, motivation and desire to contribute your skills to improve the lives of vulnerable people or communities facing various challenges at local, regional or maybe international level?

...from home or online...

Are you perhaps far away from these communities, or close, but only able to contribute from home, remote or online?

This guide comes with a series of creative ideas to spark your inspiration on how you can contribute digitally to a better world from the comfort of your home or other places using the digital skills you might have already! risti Ungureanu







WHY REMOTE AND ONLINE VOLUNTEERING?

you are constantly interested in learning new things and you need a context for new learning experiences.

you can offer your skills and talents even to communities far away from you.

3 you are in your comfort zone and via the internet, you can reach communities where you are really needed

 you can feel a sense of accomplishment that
 you have contributed to a better world through your time and digital skills.

All you need is a computer, internet connection, the applications you are already good with and the competencies you probably have from similar or other professional contexts.





WELCOME TO THE BANK OF ONLINE AND REMOTE **VOLUNTEERING IDEAS!**

You will certainly find here simple ideas for creative activities, but also activities that require more technical or specific skills.

Surely you can find something to inspire you and give you the courage to act as a digital volunteer!

You can find here:

- directly with the beneficiaries or the community) and
- direct services for the organisations)

You can also get inspiration by reading the digital volunteering testimonials of six volunteers!

• ideas for external online volunteering services (working • ideas for *internal* online volunteering services (providing



EDUCATION AND TRAINING

Online courses and workshops – if you have technical skills (programming, graphic design, etc.) or a passion that you think could be useful to others (yoga, dance, painting, guitar, etc.) organise online events to teach and inspire others.

Educator/teacher – if you feel comfortable teaching/training virtually anything (biology, math or other subjects) contact organisations that might need good teachers for their beneficiaries to organise of facilitate online classes.

EXTERNAL ONLINE VOLUNTEERING SERVICES



Professional volunteer management and training through digitalisation

EDUCATION AND TRAINING

Accessibility of materials – you can adapt different resources (articles, books, podcasts, etc) either audio or written, for people who are visually or hearing impaired, making them available to them.

Design for education – if you have graphic design skills, you can create educational materials or visual campaigns that go hand in hand with the mission of the organisation you want to support.

On line tutoring – it is when someone (tutor) provides extra support, or help in a subject area to another person to help them improve. It can be in the form of one-on-one help, small group sessions, or even help in a subject area through videos or online tutorials.





COUNSELLING AND COACHING

Online coaching

<u>بگر</u>

for different target groups- you can offer your specific skills to coach people on their specific needs.

Specific expert counselling services

you can offer expert counselling services like legal counselling or financial advices for people in need-e.g. refugees.

Online volunteer management

if you have coordination skills and experience, put it to work for organisations working with volunteers or in different projects.

Online volunteer mentoring or management

if you like to listen and interact with people, you could take the time to talk to local volunteers of organisations or international volunteers, offering them support and quality conversations.



OTHER ONLINE VOLUNTEERING ACTIVITIES

Handwork/ Crafts

if you have crafting skills, you can organise courses or workshops at home to teach the beneficiaries of an organisation how to develop these skills online.

Synchronous cooking sessions

you can issue an invitation to cooking sessions in which you and other participants assess each other's recipe preferences, ingredients, and cook at the same time, each from their own kitchen, with the results presented online.

Sports sessions

if you are passionate about sports activities, you can create a pathway of activities suitable for different age groups and support them through online communication channels.

Music sessions

if you have a passion for music, you can use Youtube tutorials to create percussion(music) sessions using body parts. You can invite your friends to join you virtually, and together you can delight in creating a song.





OTHER ONLINE VOLUNTEERING ACTIVITIES

Online party planner

if your musical tastes are always complimented and you have DJ skills, an alternative would be to organize online parties for the beneficiaries of organizations.

Poetry sessions

PARTY N TIME

you can organise online slam poetry sessions, using gradually increasing difficulty. You can start by creating two rhyming lines to some extent, 4 lines, then 12 – until you have a poem.

Phone or online friend

if you have the time, patience and empathy - make yourself available to those who need to talk to someone about their life, their struggles and joys - you don't have to be a therapist to give someone a listening session and a kind word now and then.

Organise a book club

if you love reading and want to share your reading with others by giving them the chance to do the same, you can organize a virtual books club.





OTHER ONLINE VOLUNTEERING ACTIVITIES

Support group sessions

if you like bringing people together, you can facilitate virtual meetings where participants support each other, fulfilling their basic need to communicate.

Psychological/therapeutic support

put your skills to work by counselling volunteers or benefactors when there is a specific need or when the organization is going through a period of uncertainty.

Read the news

using a dating platform such as Zoom, GoogleMeet or other virtual communication channels (WhatsUp, Messanger, etc) you can read news for seniors or people who are visually impaired. Choose only official sources and don't hesitate to sneak positive news in.

Read stories

if you like reading, you can register or use online communication channels to organise sessions where you can read and even act out stories for children of all ages.







Thank Yow

OTHER ONLINE VOLUNTEERING ACTIVITIES

Write letters

if you like to design and send encouraging messages, you can write letters to the lonely, the elderly, forgotten grandparents, volunteers or isolated people.

A creative -Thank you!

several friends can create a funny or inspirational video to thank or celebrate different types of people: firefighters, doctors, volunteers, teachers or perhaps a member of the community who has achieved something special.

Memories collector

you can create a collection of stories about times long gone – about the war period, the pandemic, how our grandparents spent their free time, etc. You can collect them all with the pleasure of a documentarian and then turn it into an electronic publication.



OTHER EXTERNAL ONLINE VOLUNTEERING ACTIVITIES

Opensource software contributions you can contribuite with your coding and testing skills.

Organising language tandems

you can do a class for learning a language or you can organise language exchanges.

Virtual Initiatives

you can collaborate on projects related to environmental conservation, such as mapping biodiversity or participating in online eco-friendly campaigns.







you can provide accounting of activities, ongoing bookkeeping or controlling.

REPORTING

you can contribuite to the preparation of activity/annual reports.

CONCEPT DEVELOPMENT, APPLICATIONS

you can contribuite to write concepts or application for the organisation.

DATABASE ORGANISER

if you like working in Excel or other database management software, you can help keep track of members, participants, donations or other resources that organisations need to monitor.





FUNDRAISING

If you like a challenge and want to help an organisation access resources, start a creative fundraising campaign. If you are a good communicator, you can contact by email, phone, Whats'Up, Messenger people you think would be willing to donate to a cause.

CROWDFUNDING

if you are familiar with crowdfunding platforms, you can create campaigns that involve mobilising donations from a larger number of people.

DONATE YOUR ART

if you like sculpting, painting, acting, writing or any form of art that can be promoted online, find a way to get people to donate to your art and redirect donations to a cause or organisation.

INTERNAL ONLINE VOLUNTEERING SERVICES

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TRANSLATOR

if you know other international languages you can translate or proof-read materials or other valuable resources for the organisations including for communication purposes.

GOOGLE GRANTS SPECIALIST

if you are familiar with how Google works and want to help an organization be more visible, you can help them write applications for Google Ad Grants (https://www.google.com/grants/).

RESEARCH / DOCUMENTATION

if you have curiosity in your skill bag, you can contribute by researching relevant and scientifically accurate details for programs developed by the organization.







FINANCIAL OR LEGAL SUPPORT

if you are a lawyer or accountant, you can put your skills to work for organisations in need of financial or legal support.

IT CREATIVE SUPPORT

if you are familiar with how to create websites, applications or online platforms, offer help to organisations that are just starting out or need this support.



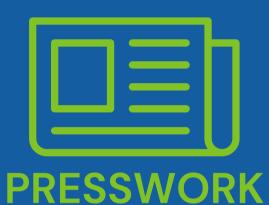


Professional volunteer managemen and training through digitalisation

PRAND DISSEMINATION

SOCIAL MEDIA MASTER

if you are passionate about social media, you can put your talents at the disposal of organizations that need a clearer strategy for their virtual communication. You can do editorial plans, preparing content and stories, posting and do social media analysis.



if you are always coming up with new ideas and enjoy creating persuasive content or campaigns, you can contribute by helping organisations with creating press articles, maintaining press contacts, organizing press work.





PR AND DISSEMINATION



PHOTO/VIDEO EDITING AND MAINTAINING DATABASES

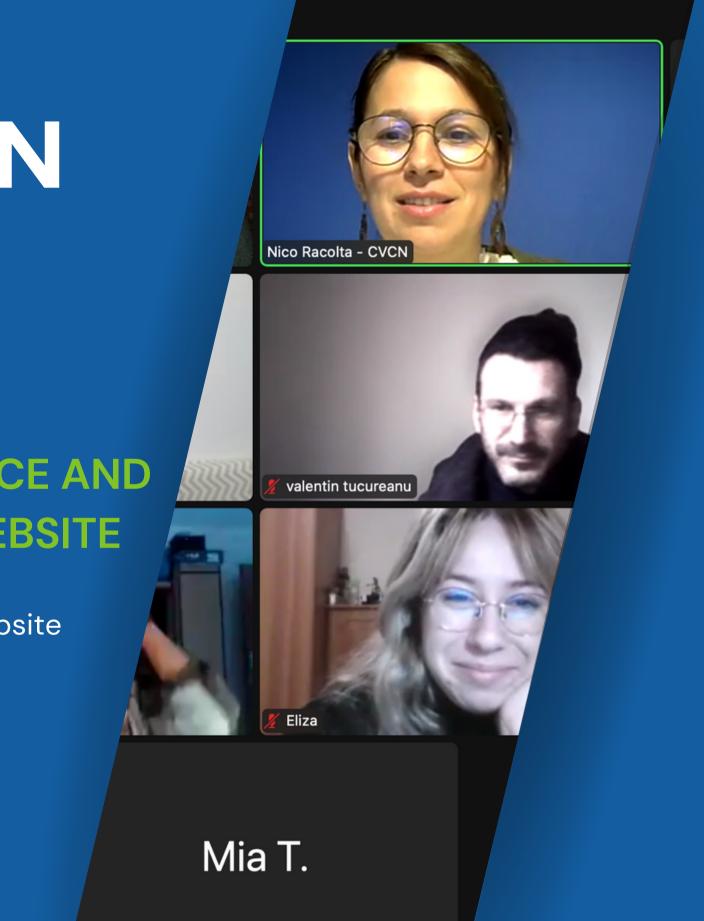
if you have photo-video creation and editing skills, you can contribute by editing photos or making videos, including creating and maintaining the photo/ video data base.



ONGOING MAINTENANCE AND UPDATING OF THE WEBSITE

you can take care of the website of an organisation.

INTERNAL ONLINE VOLUNTEERING SERVICES





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If you want to get involved immediately as a digital volunteer in existing programs, we invite you to check out these platforms or organizations that welcome digital remote volunteers.

The calls for remote and online volunteering are diverse, so for sure you'll find something to your liking.





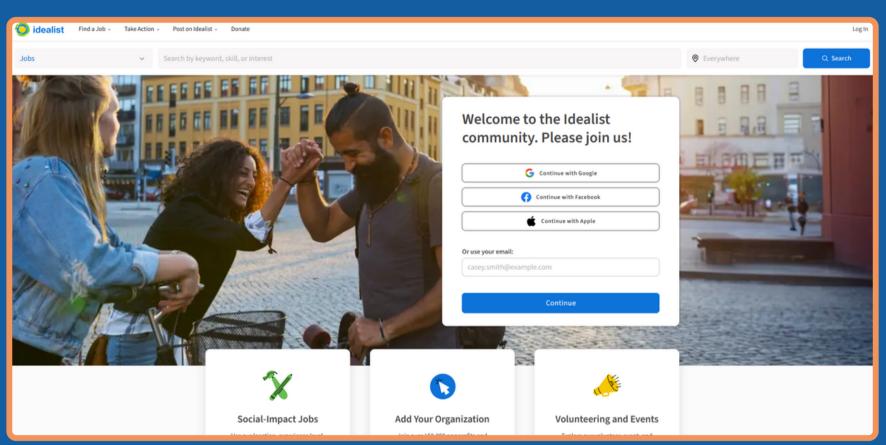
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help build a free online library and register to read the content of various materials or resources. helps students and teachers around the world better understand technology, either by supporting virtual classes with students or helping teachers make their computer classes more attractive.



IDEALIST.ORG



contribute to organizational needs such as writing projects, fundraising or supporting causes such as human rights or environmental causes.



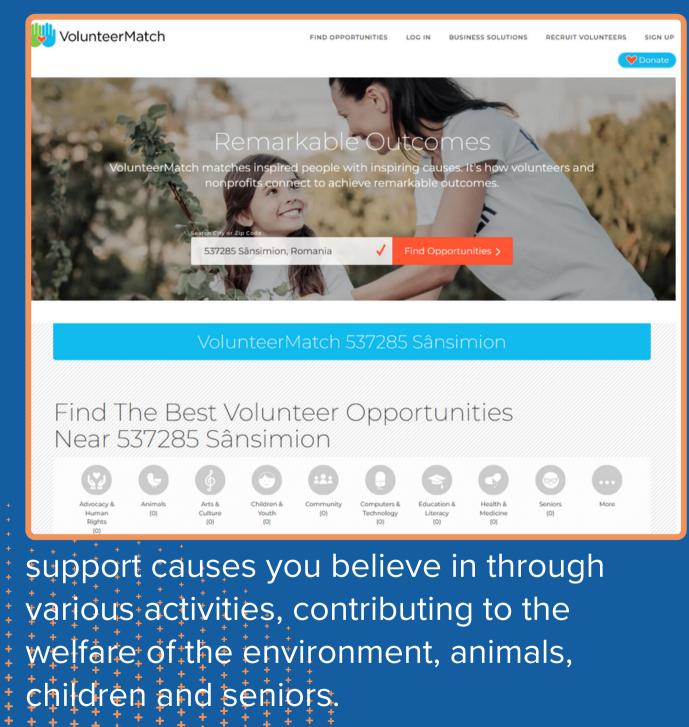
is a nonprofit with the mission to provide a free, world-class education for anyone, anywhere.

KHANACADEMY.ORG

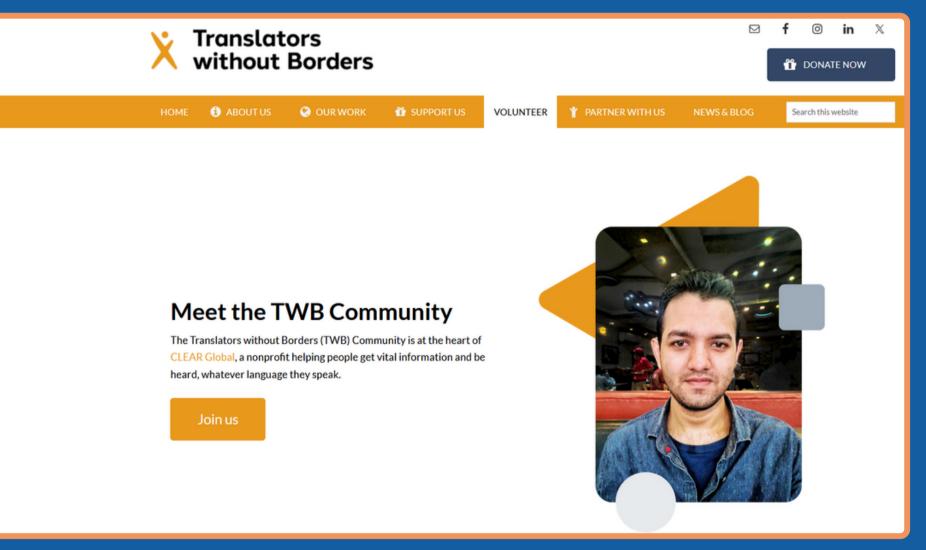
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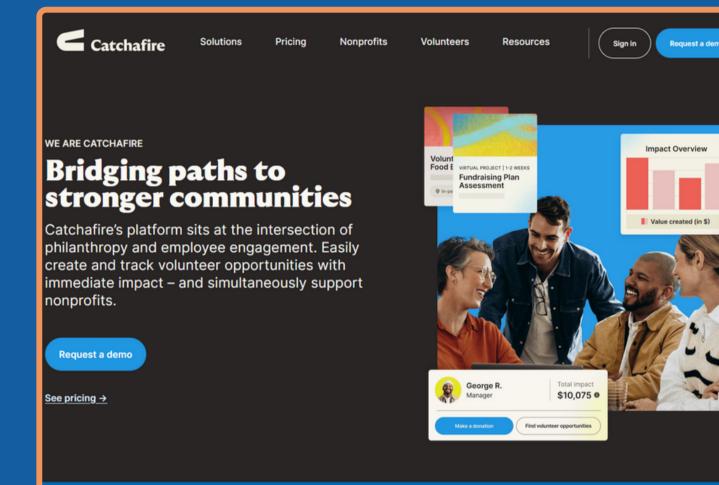
TRANSLATORSWITHOUTBORDERS.ORG



for those fluent in more than one language, this nonprofit combine language skills with humanitarian aid. Volunteers provide translations to international organizations that focus on crisis relief, health and education.



CATCHAFIRE.ORG



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sits at the intersection of philanthropy and employee engagement. Easily create and track volunteer opportunities with immediate impact and simultaneously support nonprofits.

founded in 1971, the goal is to create the largest digital library, and so far, they've amassed 59,000 free eBooks. Volunteer by donating eligible materials, transcribing books into a digital form, or proofreading others' work.

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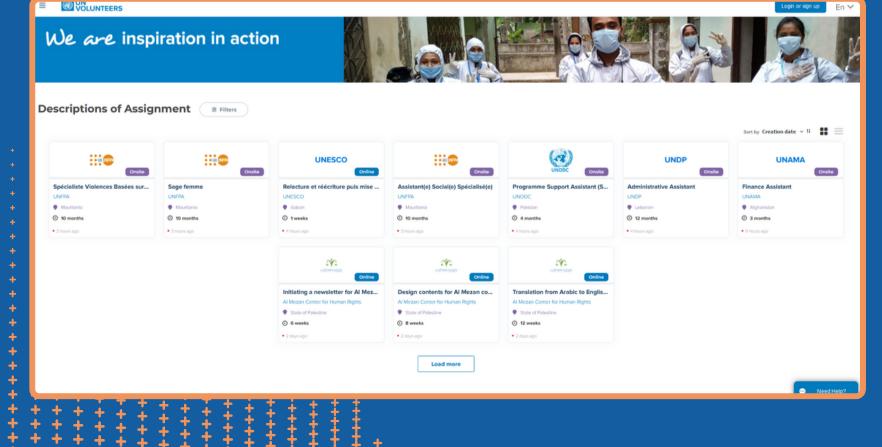






ZOONIVERSE.ORG

Zooniverse is a platform for people-powered research that literally wouldn't be possible (or practical) without the help of online volunteers. Spend as much or as little time as you'd like identifying endangered animals, classifying galaxy systems, or transcribing Shakespearean manuscripts.



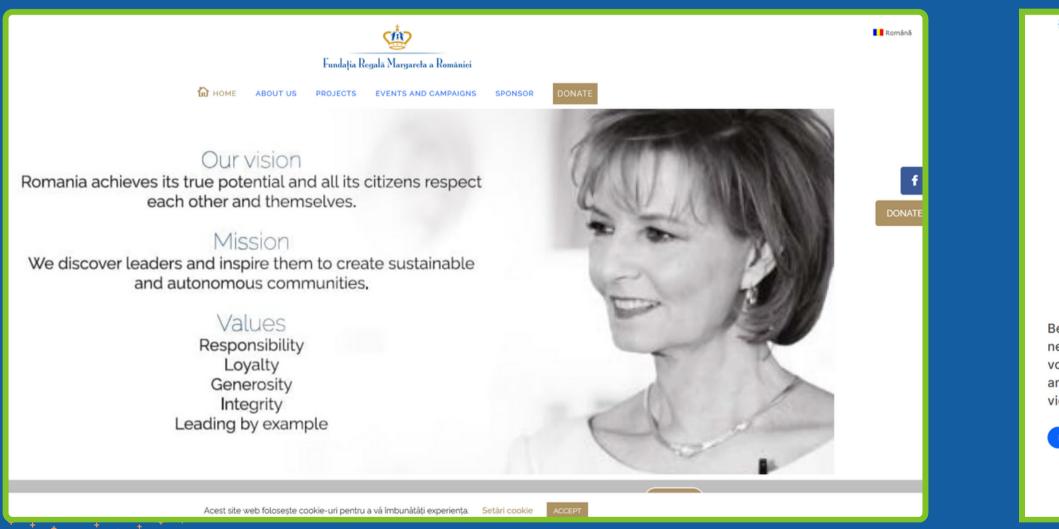
UNITED NATION VOLUNTEERS

if you're looking to take your online volunteering worldwide, this is the place to start. UNV connects you with organizations working for peace and development in need of skills like research, writing, art, and design.



DIGITAL VOLUNTEERING PROGRAMS OR PLATFORMS EXAMPLES FROM ROMANIA

ROYAL MARGARET FOUNDATION



supports Romanian seniors by taking care of their shopping needs by phone and preparing packages for delivery to them.

guides the visually impaired through video calls.

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See the world together

Be My Eyes connects people needing sighted support with volunteers and companies anywhere in the world, through live video and artificial intelligence.



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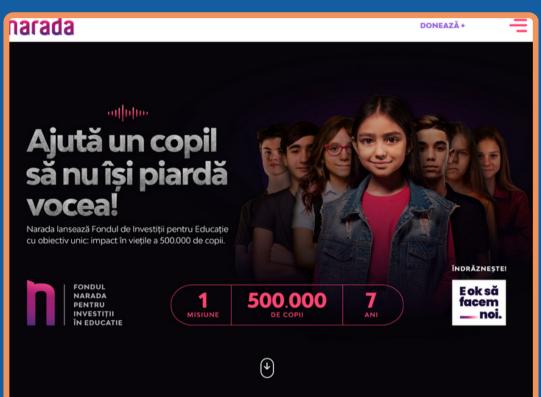


DIGITAL VOLUNTEERING PROGRAMS OR PLATFORMS EXAMPLES FROM ROMANIA

LETS DO IT ROMANIA

works with digital volunteers who are using TrashOut application, to mark the natural waste on the map. Later the documented pictures are reported to the authorities and they return within 30 days with an answer and hopefully with a solution to the situation (photos to prove that waste has been collected)







supports through telephone skills teachers in Romania who are accommodating the distance learning process. Also works as crowdfunding platform for donations in education.



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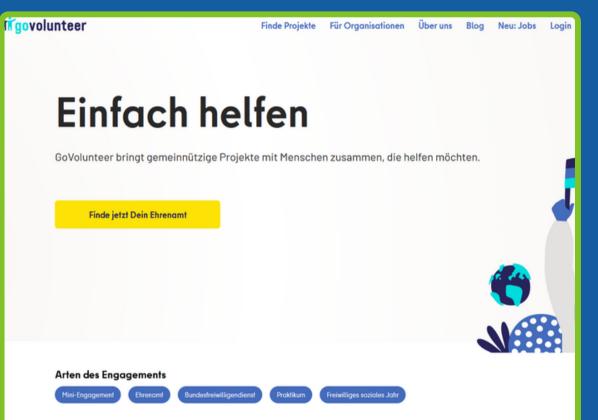
CUM TE POȚI IMPLICA LEGE PROVOCAREA DE FUNDRAISING POTRIVITĂ PENTRU TINI

a crowdfunding platform where volunteers can become fundraisers for organizations in Romania.



DIGITAL VOLUNTEERING PROGRAMS OR PLATFORMS EXAMPLES FROM GERMANY





the: "GoVolunteer" platform connects social projects with individuals eager to lend a hand. You can use the search function to filter volunteer opportunities available online and remotely.

AKTION MENSCH



numerous projects, initiatives and volunteer opportunities are showcased on the volunteer platform. You can explore over 500 online volunteering opportunities offered by various organizations.





DIGITAL VOLUNTEERING PROGRAMS OR PLATFORMS EXAMPLES FROM GERMANY

YOUVO



is an online volunteering platform for students and professionals that have design, communications and digital skills to connect with NPOs seeking assistance towards increasing the impact of social projects. Their aim is to promote 'skills based volunteering' within DACH Region countries (Germany, Austria and Switzerland) Offers by volunteer agencies - in Germany, there are over 400 volunteer agencies, many of which facilitate placements for volunteers in local, regional, and online projects. Contacting your nearest volunteer agency can be useful. You can find a directory of volunteer agencies here: <u>https://bagfa.de/agenturatlas/</u>

VOLUNTEER AGENCIES

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DIGITAL VOLUNTEERING PROGRAMS OR PLATFORMS **EXAMPLES FROM AUSTRIA**

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As a service centre, they network Austria's volunteer sector and put interested parties in touch with advice centres.

Freiwilligenbörse der Diakonie Österreich -Diakonie Austria is active throughout Austria. The volunteer exchange offers 10 different areas of work, mainly in the social sector.

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FREIWILLIGENWEB.AT



DIGITAL VOLUNTEERING PROGRAMS OR PLATFORMS **EXAMPLES FROM AUSTRIA**

Anmeldung 🔘

FREIWILLIGENBÖRSE ÖSTERREICH

rewillig-**Engagement in Österreich**

Die Servicestelle für freiwilliges

FREIWILLIG igfö

Home > Jetzt engagieren > Freiwilligenbörsen in Österreich

Österreichs Freiwilligenbörsen im Überblick

Zahlreiche Freiwilligenbörsen bieten einen Online-Überblick über Angebote und freiwillige Tätigkeiten in ganz Österreich. Auf den einzelnen Plattformen kannst du dich oft gleich registrieren oder für eine interessante Aufgabe anmelden. Wir haben die Freiwilligenbörsen nach Bundesländern für dich aufgeschlüsselt



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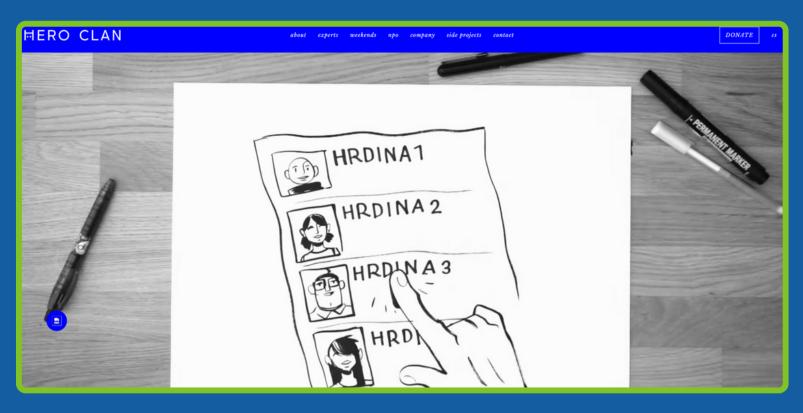
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One way to find out about volunteering in Austria is the Volunteer Exchange. You can register on the individual platforms or sign up for an interesting task. This page breaks down the volunteer exchanges by federal state.



DIGITAL VOLUNTEERING PROGRAMS OR PLATFORMS **EXAMPLES FROM CZECH REPUBLIC**

HEROCLAN.CZ



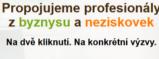
Since 2017 they have been creating a non-public database of expert volunteers ("heroes"), who they connect with non-profit organizations based on the specific requirements of NPOs, the skills and field of interest of the heroes (volunteers).



A platform connecting experts with specific skills and non-profit projects for short-term and longterm voluntary cooperation. Just five steps are enough to enter a request on the website www.umsemumtam.cz and find the right colleague you need right now.

<u>UMSEMUMTAM.CZ</u>

Jste neziskovka?



Jste odborník?

eite nové zkušenosti a konta



Jste firma?

Proč začít s exp



Here you can find success stories from 6 volunteers who have contributed to a better world through digital and remote volunteering. Enjoy!







Professional volunteer managemen and training through digitalisation



I was involved as a digital volunteer in the fundraising campaign -Changing the world through IMPACT and Service Learning. I was very motivated to get involved because I strongly believe in the program, I was collecting donations for. It was surprising to see that I was able to mobilize my network of donor friends very well, surpassing the initial amount I had set out to raise.

What did I do?

I formulated personalized messages, I found beautiful photos that attracted the attention of friends on social media, I wrote personalized messages on Messenger or WhatsApp to potential donors, I was constant in communication for 30 days. I was very pleased that my digital volunteer contribution managed to support 3 Service-Learning projects implemented by youngsters in 3 communities in Romania. I feel grateful and have a deep sense of meaning for my work that brings positive changes in the lives of many people.





NEW HORIZONS FOUNDATION ROMANIA





I'm involved as a digital volunteer in a podcast team. Every month we publish an episode on a socio-political topic that is important to our team. My task is to coordinate the entire process, which involves planning our monthly online meetings, inviting interview guests, and ensuring everything is in order with the publication and marketing.



For me, volunteering in a digital format was the best possibility to have on the one side the option to go abroad or to different cities in Germany for internships etc. but at the same time to be able to volunteer consistently in one NGO without the need to look for volunteer options at every place again.

This aligns with the aim of our podcast—to motivate and inspire young people to actively engage in civil society. Many small people doing many small things in many small places can change the face of the world. This is what we want to achieve with our Podcast and the digitalisation made it possible.







LAURA **GEMEINSAM LEBEN UND** LERNEN IN EUROPA GERMANY





It has always been important to me to help other people and to act with civil courage. When I got to know JUUUPORT, I immediately realised that I wanted to help. At JUUUPORT, I know that I can actively make a difference and help children and young people find their way out of a difficult time. That's just great.

JUUUPORT offers first aid online. We give young people the opportunity to turn to us, the scouts, in confidence if they have problems online and get help from us. As a scout at JUUUPORT, I mainly answer enquiries from people seeking advice. But if you are interested in getting involved with JUUUPORT beyond that, you also have the opportunity to do so. For example, I help with our TikTok presence, represent JUUUPORT at events (mainly online events, as I'm from Austria) and am now also a scout mentor. This means that I support new scouts if they have questions about volunteering.

JUUUPORT is mostly online volunteer work. This allows me, as an Austrian, to get involved in such a great project. As some may know from past events, though: Just online is somewhat dull, as you have little social interaction with others, assuming you even know what they look like. That's why JUUUPORT organises scout camps twice a year, where we receive further training on site (usually in Hanover) and, most importantly, meet up in person. That's always great.





PASCAL JUUUPORT GERMANY





I translated the www.pvzpnenivzp.cz website about commercial insurance for foreigners. I did that with joy. I am happy when I can help specific charity projects and my work has a positive impact.



I liked the cooperation; I liked the friendly approach of HERO CLAN and the helpfulness of Mrs. Vasilevskaya (beneficiary).

Everything was negotiable and everything was always resolved to the satisfaction of everyone involved. Thanks for the opportunity.





ANNA **HERO CLAN** CZECH REPUBLIC





I created the graphic design of the A4 size leaflet, business cards and a roll up for Dobromysl, z.ú organisation.



The cooperation with the organisation is still ongoing. It's going to be bigger than we expected, we are communicating constantly and there are no delays that either side is unaware of. It's enjoyable and is a very nice creative work.

Thanks to the new graphic materials, the organisation will be able to better present itself and the social services to its clients, the public or to the donors and the potential donors.





MILAN DOBROMYSL,Z.Ú CZECH REPUBLIC





I am involved as a digital volunteer in the organization of Rotary Villach, Austro.



What did I do? During the pandemic, I coordinated and organized our original face-to-face meetings as online meetings. This required technical expertise, which I had. This made it possible to continue organizing our meetings and redefine our association's work digitally.

Surprisingly, we came up with an incredible number of creative solutions that not only motivated coordinators and volunteers but also brought help where it was needed.





CHRISTOPH **ROTARY VILLACH** AUSTRIA



Thank you and we hope that this collection of ideas sparkle motivation and drive you towards remote digital volunteering actions!

Auhors:

Marioara Butyka, Nicoleta Chiș-Racolța - Centrul de Voluntariat Cluj-Napoca, Romania; *Larissa Schillai, Perdita Wingerter -* Gemeinsam leben und lernen in Europa e.V., Germany; *Lenka Vonka Černá*-Dobrovolnické centrum, z.s., Czech Republic, *Elke Beneke, Gabriele Sailer-* EB projektmanagement GmbH, Austria

The European Commission's support for the production of this publication does not constitute an endorsement of the contents, which reflect the views only of the authors, and the Commission cannot be held responsible for any use which may be made of the information contained therein.



Co-funded by the European Union

